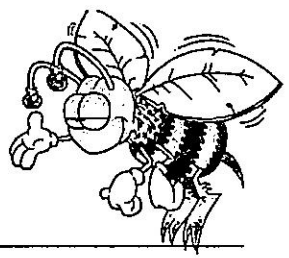


# Local Service Board Buzzer



NEWSLETTER 2023 - 2

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JUNE 2023

## PHELPS VETS CLUB

Many of you know by now of the passing of a dear friend and valuable volunteer in our community - Robert Welch, on Christmas Day 2022. We'd like to take this opportunity to acknowledge some of the many contributions he has made. He has been there for lots of us, tirelessly and selflessly for many years, engaging in the Cadets Program for our youth, spearheading pop can drives to help with funding. Over the years he's volunteered with various Rec Center programs and during the last 10+ years he has been instrumental in helping the Vets Club in tending bar and helping with Club maintenance, fixing things as needed. It seems as if he has always been there for us, ready and willing to help however he can. We all miss his smiling face and everything he did for us very much.

The summer is upon us, and as such, our Club will close down as of the end of June for regular openings for the summer, reopening after Labour Day - including our regular euchre, cribbage and darts nights.

Your Board has been focussing on Accessibility for All in the Club. The Vets Club is one of the main Emergency Response Centres, which means that in the event of an actual declared emergency (such as severe flooding, fire, chemical spills, etc), if residents were required to evacuate, this is one of the locations one would head to (if it was deemed safe). As such, the building needs to be accessible for all, including those with physical limitations. We have 3 key projects we are undertaking under this 'Assessibility for All' umbrella.

The first project is 'Ramp Up Redbridge' - building an external ramp for access to the upstairs hall. We hope to be able to build this ramp this fall, depending on material, funds and volunteer availability. Then in the winter we plan on renovating one washroom on each floor for accessibility.

The Vets Club has no regular revenue stream from the government, including our local tax levy. The Club relies solely on Membership dues and any fundraising activities we embark on, to not only keep the lights and heat on, offer some great events and services for our residents, but also do some much needed building renovations.

We will be launching a broad communication initiative over the next few months to raise awareness and seek support from our community members.

For the 'Ramp Up Redbridge' project, we will be asking for monetary and material donations from businesses (including North Bay building centres) and individuals, and we will need volunteers to help with all aspects of the build. Detailed planning is currently underway to develop a full Materials List and identify volunteers for skilled and general labour, meal prep to keep tummies happy, etc.

As we are trying to keep costs to a minimum, we are really in need of logs for posts and (rough) lumber, and access to a couple of local sawmills (bandsaw).

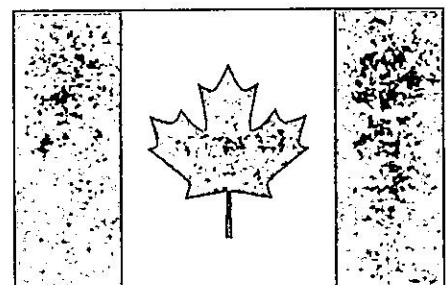
All help will be appreciated. Stay tuned for more information as we finish detailed planning and firm up requirements and dates (before frost). For more information or to contribute time, materials or donations, you can call Clinton Clark at 663-2545, Gord Mulcahey at 978-0469, or Sandy Mannering at 492-2849.

We would like to thank both the Firehall and the Rec Center for helping us with this huge initiative! From the Easter Egg Hunt event at the Rec, the Firehall kindly donated part of the proceeds to the Club.

AND - the Firehall is organizing a Softball Tournament on July 15 at the Rec ball diamond with proceeds going to these Accessibility Projects for the Vets Club. The Vets will be operating an outdoor Beer Garden at this event! We are really looking forward to this really fun packed day and hope to see many of you out! For more information about this ball tourney you can contact the Firehall.

We are very appreciative of living in such a giving community. Volunteers make the world go round - and so does our local community organizations working together to help each other! Thank you!

# HAPPY 1<sup>st</sup> of JULY



## Local Roads Board

This year's maintenance work is under way. Many of our area roads are scheduled to receive a tune up.

Dust control calcium will be applied the 3rd week of June. It's a bit later this year because some of the the side roads are receiving some much needed gravel beforehand. A complete list of work planned for the Phelps area roads will be posted on the Phelps website.

During summer storms we usually have a few large trees fall across roads. Please give us a call or send a Facebook message if you come across one.

The annual Local Roads Board meeting will be in September. Keep an eye out for the notification letter in your mail this summer.

You can contact the Local Roads Board by phone, e-mail or find us on Facebook.

Justin Foreman  
LRB Chairman  
705-663-1350  
Phelpsrlrb@gmail.com



## PHELPS VOLUNTEER FIRE DEPARTMENT

Happy Summer Everyone. As I'm sure you know, the fire department has been pretty busy lately. We've been working hard at training, whether it be at the hall Wednesday nights, weekend training for our Emergency Medical Responder course that was taken between April and May, or attending information meetings and conferences. We're happy to say that we will be hosting 2 different courses at our department this year for our members and other NFPP departments. These courses will definitely be an asset not only to our department but to our community. We have also received a Fire Hazard Rating sign from the MNRF that we will be putting up this summer to better inform the community of what the ratings are. This past March, myself and our Deputy Chief were fortunate enough to attend the Northeastern Fire

Fire Education Conference and Trade Show in Huntsville, where we were able to purchase a Thermal Imaging Camera to be used during fire calls. We feel this will help our department in finding hotspots, reducing the amount of return calls.

We have a few events coming up this summer. June 24th we will be at the Rec Center's farmers market and breakfast!!! Not only will we be serving your breakfast, but we will have our fire truck at the market and will be joined by Sparky the Fire Dog!!! All proceeds from the breakfast will be going to the Fire Department to go towards training gear and equipment for the team.

Also, if you haven't seen it on the board at the Redbridge Store, the Fire Department alongside the Rec Centre and the Vet's Club will be hosting a softball tournament on July 15th to help raise money for the Vet's Club. There will be a beer garden, BBQ, raffles, games and all around good times. For more details, check out our posts on facebook or email PhelpsFireEvents@gmail.com. Everyone is welcome.

This summer, we would like to remind everyone about BBQ Safety.

- All barbeque grills must only be used outdoors
- Using grills indoors or in enclosed spaces is not only a fire hazard, but it exposes occupants to toxic gasses and potential asphyxiation.
- Always position the grill well away from combustible objects - buildings, fences, deck railings and landscaping can easily and quickly ignite.
- Get your grill cleaned and serviced. Check all propane tanks and lines for leaks and damage.
- Never leave a lit grill unattended.
- Always use long handled grilling utensils and heat resistant oven mitts to avoid exposure burns from heat and flames.
- Periodically remove grease build-up in catch trays to prevent it from igniting.
- Keep a garden hose nearby, connected and ready for use in case of a fire.

If anyone is interested in helping at the Fire Department, we meet Wednesday nights at 7 p.m., and always welcome people to stop by.

Have a great summer and stay Fire Safe.

Melissa Moulder  
Fire Chief

## Phelps Golden Age Club

Summer is here! Hope everyone is surviving the bugs and the smoke. Funny, we used to light a smudge to keep the bugs away, with all this smoke, we should be bug free.

I would like to say a very big "Thank You" to Kyle Wilson and Randy Quirt who answered my call for help when I needed the flag repositioned at the Golden Age Club.

Thank you to the Firefighters who got the flag up to where it was, for your donation to the Golden Age Club from the Easter Egg Hunt and for helping out with Pancake Breakfast. You do so much for the community and it is truly appreciated.

The winner of the last 50-50 Lucky Lotto was Gary Smith. Gary won \$100.  
The 50-50 Lucky Lotto is ongoing. Buy a square for \$2, when all the squares are full the draw is made and you could win \$100.

Condolences go out to Debbie Guillemette and her family in the loss of her husband, Leo. Leo was a very special person and will be greatly missed.

A Celebration of Life will be held on July 8<sup>th</sup> from 1-4 at the Golden Age Club, hosted by the Nesbitt family in memory of Clayton & Rolly Nesbitt.

Golden Age Club memberships are still available. The cost is \$10 per year. Memberships are available at the Golden Age Club.

In April we held a Spaghetti Supper. This event was sold out and no one went away hungry. Next Spaghetti Supper will be next April, be sure to get your tickets early.

Pancake/French Toast Breakfasts are now being held the 1<sup>st</sup> and 3<sup>rd</sup> Saturday of the month. This new schedule seems to be working well and the Breakfasts have been well attended.

The Golden Age Club has been hosting a Yoga class put on by the V.O.N. for the past few months. This class is held on Monday's from 9:45 – 10:45. These sessions will continue throughout the summer. There is no charge but the V.O.N. has stated that only people 60 and over are eligible. There has been such a great response to this program that we have limited it to Golden Age Club members. If you are over 60 and would like to attend but are not a Golden Age Club Member our memberships only cost \$10. A \$2 donation each would be greatly appreciated.

Amanda Ostrowski has been holding Foot Care Clinics at the Golden Age Club for almost a year now. These clinics are held the last Wednesday of every month and are by appointment only. If you wish to make an appointment, or for more information call Amanda at 249-358-4347.

### Upcoming Events:

Yard & Bake Sale – Oct. 28<sup>th</sup> from 9-2  
Craft, Bake Sale, and Lunch – Nov. 25<sup>th</sup> from 9-2

For more information call:  
President, Dorothy Jessup 495-6841,  
Vice President, Karin Sandula 663-2606,  
Treasurer, Ellen Boulet, at 663-2218 or  
Secretary, Ilene Ranger, 663-2238

### Chuckle for the Day!

Bob, age 92, and Mary, age 89, are all excited about their decision to get married. While out for a stroll to discuss the wedding they pass a drugstore. Bob suggests they go in.

Bob asks to speak to the pharmacist. He explains they're about to get married, and asks,

"Do you sell heart medication?"

"Of course we do," the pharmacist replies.

"Medicine for rheumatism?"

"Definitely," he says.

"How about Viagra?"

"Of course."

"Medicine for memory problems, arthritis, jaundice?"

"Yes, the works."

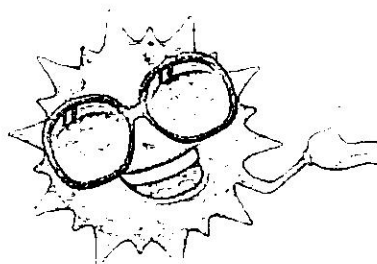
"What about vitamins, sleeping pills, Geritol, antacids?"

"Absolutely."

"Do you sell wheelchairs and walkers?"

"All speeds and sizes."

"Good," Bob says to the pharmacist. "We'd like to register for our wedding gifts here, please."



*Have a Safe & Happy Summer!*

Dorothy Jessup, President  
Phelps & District Golden Age Club



## PHELPS PUBLIC LIBRARY

Hello to all the readers out there, especially those of you who use these facilities for finding good reading materials, including DVDs and magazines. Remember Wellington and Belvedere are waiting for young children in our basement area. There's a lot of wonderful books and toys such as lego to play with and lots of places to sit while you check them out.

I've been starting the library Buzzer articles with excerpts from the Tweedsmuir History volumes and thought this time you might like to hear what sports was like back in the day. There were sports events even back when Redbridge got started - groups of people entertaining themselves on weekends or holidays. Some of these events were talked about and we have newspaper clippings to prove it. One example: 1964 - Two teams, Phelps Flying Mothers and Phelps Single Girls played ball against each other at the field here. Approximately 200 spectators attended this particular game. The Mothers were defeated 4 - 2.

Example 2: Phelps Peewees enter the South River Lions Club tournament. There were seven or eight teams involved (March 14/64).

Then in 1965, the Phelps Athletic Association became part of the Phelps Recreation Council. They had fund raising events and besides more money, had more volunteers. Approval was given to enter teams (many age levels) in many other league's events. We heard that the Peewees went to a tournament in New Liskeard and did quite well.

In September of 1965, the Phelps Athletics baseball team upset favourites in the Nipissing Fast Ball League edging the win from KVC Electrics 4 - 3 playing at Phelps field. Dan Reed was the winning pitcher. From this time on the Phelps Recreation Council ensured there was nearly always baseball and other activity at the field and other parts of the park area.

Of course you'd like to know about some good reading!

### 1. *Stolen Focus* - Johann Hari

It talks about the reason you can't pay attention and how to think deeply again. The book is also interesting since he is both a lyricist and a storyteller. He has investigated one of the world's greatest problem - the systematic destruction of our attention and our ability to think for ourselves.

It is suggested by critics that we sit with it, focus, and save our minds.

2. *An Unexpected Grace* - Kristen vonKreiser  
A very vivid true life story on the healing power of dogs. This one had troubles of its own but helped its new owner beyond belief. It's well written but the fact that it's true makes it even more interesting

### 3. *Shiver* - Lisa Jackson

A twisted psychopath is on a killing spree in The Big Easy. Many bodies are found and the FBI move in. Nightmare investigations uncover a shocking revelation involving an asylum and a vicious predator!

4. *The Girl in the Picture* - Kerry Barret  
Involves two women, one house, centuries of secrets. The house has a reputation for brutal murders many years ago. What do they have to face while they attempt to find out what happened? Not a bed time story!

5. *The Murder House* - James Patterson  
You would want this house at first sight with its ocean front view and a private beach "**but**" it has a deadly secret that won't stay buried. It was the scene of unsolved killings and is rumoured to be cursed. Jenna, a former New York City cop, risks her life to find the truth.

The last three are for those who like grim stories full of suspense and we have many more but also come and look for all other kinds that are touching, educational, about other countries and nationalities. Many about lives that sound a little like our own or someone we know. There are also many different topics downstairs in the children's area. I think you'll be pleased with the illustrations and quality of the books you'll find on those shelves.

Come and browse - we'll be glad to see you.  
You'll be pleasantly surprised.

Beverly Reynolds, CEO



## **PHELPS COMMUNITY REC CENTRE**

Hello and happy summer from all of us at the Phelps Rec Centre! Summer is now in full swing and we have some amazing things happening at the Rec for everyone to enjoy this summer!

There has been lots of clean up and love poured into the Rec and its grounds as of late. We're so thankful to the community for their help! We couldn't do it without all our amazing volunteers who spend lots of their own time down at the Rec making it an enjoyable place for all. Thank you to Kyle Wilson for all your hard work and everything you do for us at the Rec all year round! Also, BIG shout out to Ryan and Becka Reed for helping us move some items a few weeks ago, that was a HUGE job and we couldn't have done it without you! The garden group is VERY appreciative of your help, as are all of us at the Rec.

Thank you to Gord Mulcahey for helping us keep the Rec grounds clean all year long!

As always thank you to our amazing breakfast crew for everything! Linda, Sandy, Katherine, Rosie, and our newest kitchen volunteer Olivia. We also have to thank Brian for doing our breakfast garbage runs, that's a big help to us. You guys are the reason we can do community breakfasts and you rock!

Speaking of rock, thank you to Chris Pascoe for filling our community with music and igniting musical passion into the next generation. If you didn't hear, Chris recently partnered with the school to host a "Redbridge School of Rock" event at the Rec. It went amazing, he had 12 stringed instruments, effect and looper pedals, 3 different styles of amps, 8 individual drums, a caged drum set and more! Kids got to spend the day being introduced to all types of instruments, learning about music and rocked out of course! Chris also provides music for our Farmers Market events, and I HIGHLY encourage you to come down and listen to him play, it's amazing to see and hear! There are so many amazing people helping us out, it's hard to name them all but THANK YOU to EVERYONE who has helped and supported us. Honestly, it's amazing to see what this community can do. We have some big projects and work ahead of us at the Rec and I know with all the help and support we have from you, the community, we can do it!

### **EarlyON Child & Family Program**

The Rec Centre is happy to host the Redbridge pop-up EarlyON Program this July and August. Join up **Thursday mornings from 10 am till 11:30 am** at the Phelps Rec Centre. They will be offering indoor and outdoor learning experiences focusing on developmental domains. Program includes designated snack and circle time. This is a drop-in program, no registration necessary and is designed for children from birth to age 6.

SO, bring your little ones out and experience this wonderful EarlyON program right in our community!

If you have any questions, please feel free to contact us at the Rec, 705-358-8073.

### **Phelps Farmers Market & B-Rec-fasts**

It's back!!! Come check out the Phelps Farmers Market! See some amazing vendors, have breakfast, support some local businesses and have a wonderful time!

Each market has special events happening at them including music by the amazing Chris Pascoe, face painting, reptile show and more!

See the full events schedule below or our Facebook page for all the details!

**Farmers market is the LAST SATURDAY of each month from May - September!**

#### **June 24th - Market and F.D. Breakfast**

Have breakfast cooked and served to you by the Phelps Fire Department!

Bring the kids out for a special "Touch a Truck" event! You can explore the fire truck, get pictures, PLUS Sparky the fire dog will be there!!!

Also, we welcome back Chris Pascoe for live music AND 5 New Vendors!

#### **July 29th - Donuts and Double Draw Day**

Come on out and enjoy a free donut from A & R Donuts (while quantities last starting at 9:15 am) and listen to live music by Chris Pascoe. Also, with every purchase from a vendor you'll get DOUBLE draw entries for the Farmers Market Gift Basket being drawn at the final market.

#### **August 26th - Kids Fun Market**

This market was made for fun! You can make your own chalk art, blow bubbles, enjoy the kids tattoo station and decorate your own cupcake, plus a few other surprises!

ALSO, join us at 10 am for the reptile show with Savannah Steve, meet a bunch of creatures and learn lots about all his reptile friends!

#### **September 30th - The final Farmers Market!**

Enjoy breakfast cooked and served by the Vets Club. All profits from the breakfast will go towards the Vets Club "Ramp up Redbridge" project! The Phelps Fire Department will be having a car wash and we will draw the lucky winner for the vendors gift basket!

### **Try Our “Fun in the Sun” Summer Rentals!**

Bored at home, having an outdoor party, birthday or going camping?

Starting June 28th come down to the Rec on Wednesdays and check out the selection of outdoor games we have available for rent. We have something for everyone, all rentals are only \$6!

**Item Return Time: Wednesday’s 7pm till 7:45pm**

**Rental Pickup Time: Wednesday’s 7:45 till 8:30 pm**

#### **What Kind of Games Are Available?**

We have Yardzee, Kan Jam, Bocce Ball, Ladder Ball, Corn Hole, Washer Toss, Wigglin Water Sprinkler, Badminton, yoga mat with instructional DVD and so much more!

To ensure everyone gets a chance at renting, please make sure your items are returned each Wednesday between 7 pm and 7:45 pm. For more details see our Facebook Page.

### **Redbridge Roots - Community Garden**

Thank you to everyone who has donated and helped the community garden. Lots of work is going to be done over the next few weeks to get the garden up and running. The gardeners have big plans for the space. Thank you so much to everyone who has helped with this project, keep checking for updates and progress on our Facebook!

### **Rec-Enroll Summer Field Trip**

Register today and take the whole family on a trip to Santa’s Village!

**Book your seats by phone, text or email**

**phelpsrec@outlook.com / 705-358-8073**

**When: Tuesday, August 15th, 2023**

**Bus Boarding: 7:30 am**

**Rec Return: 5 pm**

**Cost: \$35.00 per person**

**(parent or guardian MUST accompany children)**

Board the bus at the Rec in the morning. Arrive at Santa’s Village, spend the day enjoying the park, water features and rides. Small, soft sided coolers may be packed for the bus ride.

Board the bus at 2:45 pm and head back to the Rec arriving home around 5 pm.

Trip is NON-REFUNDABLE - RAIN OR SHINE  
(Please register ASAP, there is a limited number of spots)

### **Phelps Co-Ed Softball Tournament Fundraiser**

What an amazing event for our community, the softball tournament is back after many years and we can’t wait to see you!

Proceeds from the softball tournament are going towards the Phelps Vet’s Club for their “Ramp up Redbridge” accessibility project! All the registration info is below so contact and register your team today!

There will be a BBQ, beer garden, draws and more!

**When: Saturday, July 15th, 2023**

**Time: 9 am till 6 pm**

**Cost: \$20.00 (per player)**

**Where: Phelps Community Rec Centre**

To register email: [phelpsfireevents@gmail.com](mailto:phelpsfireevents@gmail.com)

#### **Don’t forget to bring your own camp chair!**

(Teams of 10 - 12 players - must be 15+ to play - ID is required to enter the Beer Garden) - Event is Rain or Shine

See our Facebook, or [www.phelpstownship.ca](http://www.phelpstownship.ca) for more details.

Thank you so much to the Phelps Fire Department for spearheading this event, it’s so great to be working together with other clubs and services in the community!

### **Bring Your Floaties!**

The pond at the Rec is ready for swimmers! We’d love to see it being used and enjoyed by a new generation. Head on down to the Rec, bring a picnic and splash the day away.

**PLEASE REMEMBER THE POND IS UNSUPERVISED, THERE IS NO DIVING, NEVER LEAVE CHILDREN UNATTENDED AND SWIM AT YOUR OWN RISK**

### **Those Naughty Gnomes are at it again!**

Those pesky gnomes never stop! Once again those little gnomes have gone rogue and stole a bunch of letters we need to do the community signs!

They have hidden all over Phelps and now we can’t find them or the letters! The gnomes left us a note and said they will release the clues to where they are hiding on Tuesday, August 1st!

The gnomes can’t be touched (they are bite~~s~~) and need to be handled only by the Rec Volunteers but we need your help to figure out the clues, find each gnomes location, what letters they stole and unscramble the secret phrase!



The game is meant for everyone in the community old and young! The clues are challenging enough for older adults, yet still fun enough for younger kids to play along. If you get really stuck, please call or text Sherlock Gnomes at 705-358-8073 for help.

How to Play:

1. Get a Sherlock Gnomes Detective Sheet on our Facebook or from Stop 63, starting August 1st.
2. Solve the riddles and go to the location.
3. Find the gnome hidden at each location, the letters they have and record them on your detective sheet.  
(There is no need to touch the gnomes at each location!)
4. Once you've found all 9 gnomes submit your form by sending a picture to 705-358-8073 or drop your form in the drop box at the Rec.
5. As a bonus unscramble the letters you collected to reveal the mystery phrase. If you guess the correct phrase, your name will go in the draw twice!

### 3 Lucky Players Will Win A Prize!

Get your Sherlock Gnomes Detective sheet and more details at our Facebook Page, or from Stop 63

#### Game Rules:

#### PLEASE DO NOT TOUCH OR MOVE THE GNOMES AND LETTERS

DO NOT disturb or trespass on anyone's personal property. The gnomes are all hidden in public places. Please respect the gnomes and the property they are on. If you're having a difficult time finding a gnome or you think a gnome is missing call/text 705-358-8073.

Our Naughty Gnome hunt begins August 1st and ends August 31st, 2023!

See our Facebook for more details!

**GOOD LUCK!**

#### CONGRATULATIONS STUDENTS!

Congratulations to all the students and graduates for completing another year of school, you all have wonderful, bright futures ahead of you!

That about does it for us at the Rec right now. We have lots more great events happening this fall so make sure you keep an eye out on our Facebook page, sign at the store and the Phelps Township website for all the amazing events happening in the community.

We hope everyone has a safe and wonderful summer. See you all at the Rec!

Parents Take Note!!

A teacher started checking the homework done by her students. Her husband is strolling around with a **smartphone** playing his favourite game. When reading the last homework notes, the wife starts crying with silent tears.

Her husband asked "What happened?"

Wife: "Yesterday I gave homework to my students, to write something on the topic, 'MY WISH'.

Husband: "OK, but why are you crying?"

Wife: "While checking the last notes, it made me cry."

Husband curiously: "What's written in the notes that makes you cry?"

Wife: "LISTEN....My wish is to become a **smartphone**. My parents love their **smartphones** very much. They care about their **smartphone** so much that sometimes they forget to care for me. When my father comes from the office tired, he has time for his **smartphone** but not for me. When my parents are doing some important work and **smartphone** is ringing, within a single ring, they attend to the phone, but not to me....even if I am crying. They play games on their **smartphones** not with me. When they are talking to someone on their **smartphone**, they never listen to me even if I am telling them something important. So, MY WISH is to become a **smartphone**."

After listening to the note the husband got emotional and asked his wife, "Who wrote this?"

Wife: "OUR SON."

#### *Something to Live By*

*One day at a time is all  
we should be dealing with.  
We can't go back to yesterday,  
we can't predict tomorrow,  
So let's live for today  
and make it beautiful*

